Volume 7, Number 1 January 4-17, 1992

UCSF Newsbreak

Page 2 . . . Judith Woodard Appointed New Assistant Vice Chancellor, Public Affairs

Page 2 . . . Former Chancellor John Saunders Dies at Age 88

Page 6 . . . ABOG Program a Big Success

Page 8 . . . Project Management's Tim Mahaney Honored

$18 Million to CAPS

The UCSF Center for AIDS Prevention Studies (CAPS) has received over $18 million from the National Institute of Mental Health for five additional years of funding.

CAPS deals with both high-risk and general populations in the US, and with high-risk populations in developing countries. A common finding in many of these studies is the importance of voluntary anonymous HIV testing as the tool for motivating and guiding effective behavior change.

"As this new CAPS grant begins," says CAPS director Thomas Coates, "HIV continues to affect gay communities and is spreading rapidly among new populations domestically and in developing countries." Coates explains that while gains have been made in slowing the spread of AIDS among some groups, the tasks of behavioral scientists and epidemiologists are far from complete.

He says, "There are four challenges for the next five years of the epidemic and CAPS was designed to address all four: First, we must continue to find new ways to help people begin and maintain safe activities. Second, it is essential that the psychosocial issues of the HIV infected person be studied. Third, AIDS clearly is becoming a disease of the developing world. We must find effective ways to stop its spread there. And finally, we must translate our findings into rational policy so that we are not hampered in doing the best work we can."

CAPS co-director Stephen Hulley explains that the activities under the new grant will include nine research projects ranging from primary prevention among middle school children to coping effectiveness training among HIV+ men in the hope of slowing disease progression. In addition, CAPS will offer training programs for postdocs, research training for scholars and ongoing research among high-risk heterosexual couples in Rwanda, Africa.

CAPS was established five years ago by a

(continued on page 2)

Right before opening up the homeless clinic for the first time on December 3, second-year students Margo Vener, Tom Svolos, Charlotte Lewis and Elizabeth Oudens (left to right) unpack medical supplies.

UCSF Medical Students Open Clinic for the Homeless

It's Tuesday evening around 5 p.m. A group of students pile into a car and head out to South of Market.

They arrive at Fifth & Bryant, unload the car, and make their way past scores of men of all ages who own little more than what is on their backs. They enter a large building, roll up their sleeves and go to work. For the next three hours they will be at the South of Market Multiservice Center (SoM) treating the homeless.

The students, all from our medical school, are part of "The Homeless Health Team" (HHT), the idea for which began some seven months ago when a group of then first-year and second -year medical students decided to begin a new project. The goal, first and foremost, was to help serve the medical needs of homeless people. Secondly, they wanted to provide UCSF students with educational exposure to the medical and social service needs of this population. And lastly they wanted to continue research into the social, economic, political and medical dimensions of this population in ways which hopefully will lead to earlier and more effective interventions.

Four second-year students, who made up the core of the group — Charlotte Lewis, Elizabeth Oudens, Tom Svolos and Margo Vener — spent their 10-week summer break setting up the clinic. They all received fellowships from the Bay Area Homelessness Project to help them with their goals. The Fall of '91 was chosen as the target date to open the clinic.

With administrative support from the Department of Family and Community Medicine and FCM physician Steven Lane as their advisor, these students spent the entire summer researching and planning for their clinic. Lane, an '86 UCSF graduate, worked for one year with San Francisco's Health Care for the Homeless (HCH) before taking a faculty position with this campus last year.

HCH, which provides coordinated services to San Francisco's homeless, has been around since the mid-80s with support of the Robert Wood Johnson Foundation. Directing the medical component is UCSF physician Dan Wlodarczyk.

Planning the Clinic

The students spent months touring the areas of South of Market, the Tenderloin and the Fillmore, participating in street outreach work and working in clinical preceptorships at a variety of shelters across the city, including SoM and the Tom Waddell Clinic.

They met with a number of health and human service providers who have been at the heart of the homeless situation for years. They ventured out of the city to learn from already existing student-organized homeless care programs — UC Berkeley's Suitcase Clinic, the Clinica Tepati at UC Davis and the Stanford Clinic.

"While the four of us were the most involved in planning the clinic, many other students in town over the summer participated in several of the activities," says Vener.

"Our most urgent problem was locating a site to establish our clinic," says Oudens. "We considered a variety of options, but when Dan Wlodarczyk offered clinic space at SoM, we took it." The students agree that there are several advantages to the recently refurbished Fifth & Bryant site. "There are several examining rooms, plus the HCH offered the use of their medications and access to their records," adds Svolos.

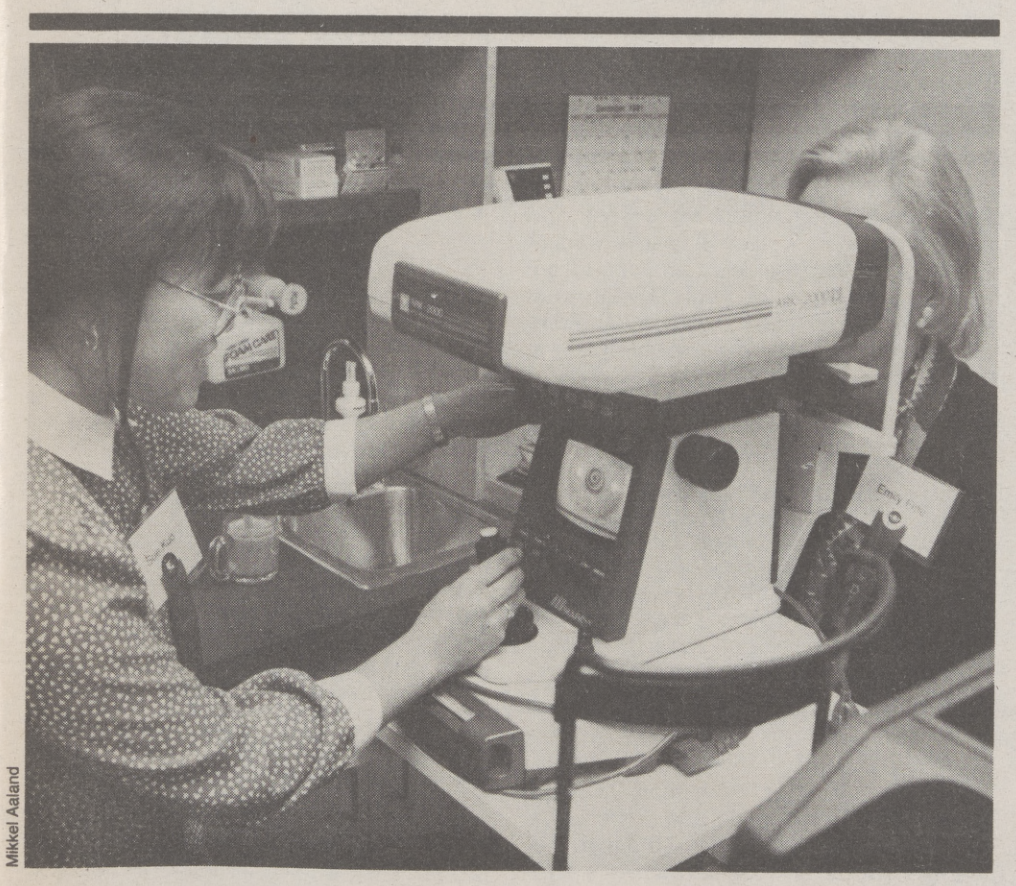
The clinic primarily provides acute care for infections, minor trauma and the like, as well as health education, more general health screenings and referral to established sources of primary care. On Wednesdays, the students plan to spend their free time following up on those patients who are in need of referrals.

Homeless Health Course

To better educate the UCSF population, the students organized the recent elective course — "Homeless Health Issues." The fall series of 10 talks was organized by Family & Community Medicine and featured health care and social service providers in the Bay Area, who spoke on topics ranging from homeless veterans to HIV disease, substance use to adolescent runaways. A spring series now is being planned.

Ongoing clinic planning and operations are managed by four commitees. One such committee is orientation. "You just don't step into a homeless clinic and expect to know how to

(continued on page 2)



Mikkel Aaland

Vision Unit Boasts New Technology

A machine that measures visual acuity and within seconds determines eyeglass prescription was a big attraction at the December 11 dedication for the new UCSF Vision Care and Research Unit. Guests had many hands-on opportunities to investigate state-of-the-art equipment for eye diagnosis, education and treatment. Completing the physical facilities of the Beckman Vision Center, the VCRU is the final phase in a 20-year effort to bring eye researchers and clinicians together in a complete eye center.

HIV Positive Policy

More than a decade into the AIDS epidemic, all available evidence indicates that HIV transmission from an infected health care worker to a patient is unlikely. Nevertheless, UCSF and its affiliated hospitals recently have developed infection control policies for health care providers infected with bloodborne pathogens. In the next issue of *Newsbreak*, these policies will be discussed.

Gazette

Appointments

Woodard

Judith Woodard: Appointed assistant vice chancellor for public affairs. She is responsible for planning and administering UCSF's comprehensive public affairs and community relations programs. Working closely with the University's neighbors and various San Francisco groups is a top priority for Woodard as UCSF goes through its Long Range Development Plan process. She is responsible for News Services, Community Relations and Institutional Relations, including Publications and Speakers Bureau/Campus Tours. Her experience includes serving as assistant vice president, university relations and special assistant to the president in the UC Systemwide office from 1980-1985. She has an extensive background in public and government affairs counseling in both the public and private sectors. Woodard served as an on-air reporter, producer and writer for local news stories and in-depth background reports at KRON-TV. She received the "Golden Flame" award as best female journalist in California and Associate Press awards for investigative reporting.

Honors & Awards

Michelle Vignes

Wolff

Jane A. Lipscomb: Appointed to serve a three-year term on the Board of Scientific Counselors, National Institute for Occupational Safety & Health, Centers for Disease Control. She also will serve as an external reviewer on NIOSH site visits at the Universities of Minnesota, Washington and Oklahoma. Lipscomb is assistant professor, mental health, community & administrative nursing; director, occupational health nursing.

Carroll L. Estes: Winner of the Gerontological Society of America's 1991-92 Donald P. Kent Award, which is presented annually to a member of the Society who exemplifies the highest standards of professional leadership in gerontology through teaching, service and interpretation of gerontology to the larger society. Estes is professor & chair, social & behavioral sciences; director, Institute for Health & Aging.

Sheldon Wolff: Reappointed to a fifth term as chair of the US Department of Energy's Health & Environmental Research Advisory Committee. The committee advises governmental agencies on policy issues and other matters relating to biological and environmental research. Wolff is professor, cytogenetics; director, Laboratory of Radiobiology & Environmental Health.

Ralph R. Cavalieri: Elected president of the American Thyroid Association. Cavalieri is professor, medicine and radiology, and chief, nuclear medicine, VAMC.

John B. deC M. Saunders, First UCSF Chancellor, Dies at Age 88

Saunders (right) inspects the contents of a box cemeted in the cornerstone of the old Medical School, torn down in 1967.

John B. deC M. Saunders, UCSF's first provost and chancellor, died Thursday, December 12, in San Francisco. He was 88.

A native of South Africa and trained in medicine in Scotland, Saunders began a nearly 60-year association with UCSF when he joined the faculty as an anatomy professor in 1931.

He later held several major campus positions including, chairman of two departments — anatomy and history of health sciences — University librarian and dean of the School of Medicine (1956-63). He held UCSF's top administrative post for eight years, serving as the campus's first provost (1958-64) and first chancellor (1964-66).

During his tenure as provost and chancellor, Saunders was a moving force in establishing the campus as a strong health sciences center. He was known by many as a true Renaissance man — one who could achieve distinction in pure science while retaining the breadth of humanistic scholarship.

The UC Regents honored Saunders in 1966 in a special resolution, citing him for the Long Range Development Plan of the campus, an imaginative academic plan, achieving greater cohesion of the professional schools of UCSF, establishing the Graduate Division, accomplishing the new interdisciplinary academic and cultural programs, establishing the first international program on campus, and for advancing the medical library to a position of leadership in the West.

Saunders won distinction as a researcher on a wide range of medical problems. He was especially distinguished for his studies on the structure and development of bones, the physiology of muscles, the mechanics of movement, and for participation in the development of new surgical procedures.

Saunders also conducted important studies in medical history. The author of five books, he traced medicine from its primitive practice in ancient Egypt to the blood-letting of medieval Europe. His 1952 work, *Leonardo da Vinci, on the Human Body* is considered a classic. After stepping down as UCSF Chancellor in 1966, he served as UCSF professor and Regents Chair of Medical History in the Department of History of Health Sciences.

A memorial service is pending.

In Memoriam

Gregory J. Kyper: Director of medical records services at Mount Zion Medical Center of UCSF since 1984. Before coming to Mount Zion, he was director of medical records at Rutgers Community Health Plan from 1976-81 and director of hospital medical records at St. Luke's-Roosevelt Hospital in New York City from 1981-84. He was 37. Donations may be made to Mount Zion Health Systems, P.O. Box 7921, SF, CA 94120, for the care of needy AIDS patients, or to Project Open Hand, 2720 17th St., SF, CA 94110.

Joseph Andrews: A 1990 graduate of the School of Dentistry. He was killed in the multi-vehicle accident on Interstate 5 during the Thanksgiving holiday. A class officer all four years he attended UCSF, he also was vice president of the Associated Dental Students in 1988-89 and president in 1989-90. He was attending UCLA as a postgraduate orthodontic student. Originally from Utah, Andrews was married and had two children, one of whom was in the car with him when the accident occurred. The three-year-old girl was uninjured. He was 30.

Nancy Leenheer: A therapist, teacher and supervisor in the Department of Psychiatry at Mount Zion Medical Center of UCSF. She came to Mount Zion in the late 1970s as a doctor of mental health trainee and was chief trainee for her last two years of training. A member of the Mount Zion psychiatry outpatient clinic staff, she was interested in working with disadvantaged, minority children. She also helped develop the Eating Disorders Program at Mount Zion. Leenheer contracted AIDS through a blood transfusion she received in 1981. She was 55.

One of CAPS' projects is to bring AIDS education into the schools. Tom Coates (far right) participates in a class at Balboa High School, where participants discussed among other things safe sex and peer group pressure. Also pictured are congressional staff members of the American Psychological Association who were paying a three-day site visit to CAPS.

CAPS *(from page 1)*

team of epidemiologists and behavioral scientists led by Hulley to promote multidisciplinary research on the prevention of HIV disease. UCSF researchers — from psychologists to epidemiologists, from anthropologists and ethicists to policy analysts and public health professionals — work closely with a full complement of community-based service providers — the Bayview-Hunters Point Foundation, the SF AIDS Foundation, the SF Department of Public Health, and Communications Technologies (a San Francisco social marketing research firm).

Steinbrook as Regents' Lecturer

Los Angeles Times medical writer Robert Steinbrook, who has been on campus as a Regent's Lecturer for the past six months, will present his campus-wide lecture on Thursday, January 9, from 4:30 to 5:30 p.m. in Toland Hall. He will discuss "Informing Physicians and the Public about Therapeutic Advances."

Sponsored by the Department of Medicine's Program in Medical Ethics and the Center for AIDS Prevention Studies (CAPS), Steinbrook also is an assistant clinical professor of medicine at UCLA. He completed his internship and residency at UCSF from 1979 to 1982 and was an assistant clinical professor in general internal medicine before accepting the position with the *LA Times*.

Homeless Clinic *(from page 1)*

care for this special group of people," explains Lewis. Before their clinic work, students go through orientation sessions whereby they learn about infection control, especially TB transmission, how to handle potentially violent patients, personal safety, and how to establish a relationship of trust with patients. It also includes a one-day preceptorship at the Waddell Clinic.

At the present time, some 50 medical students eagerly are awaiting to participate in the program. Twenty-five physicians, mostly from UCSF and the Tom Waddell Clinic, have offered to serve as medical supervisors for the site. UCSF faculty now participating include Lane, Wlodarczyk, Bill Shore and Rick Levine.

The medical clinic opened its doors for the first time on Tuesday evening, December 3. One of the students at the clinic the following week was second-year student Mary Ellis. "It is very rewarding to know that we are not just reproducing services," says Mary. "The patients were very respectful and appreciative, and we learned as much from them as they learned from us. Their health problems seem to run the gamut, from simple athlete's foot to problems related to HIV infection. We referred many people to other services for further help."

For more information on the Homeless Health Team call one of the core medical students at Student Affairs, 476-1216.

UCSF *Newsbreak*

UCSF (ISSN0891-6063) Volume 7, Number 1, January 4-17, 1992 (two weeks). Published by the University of California, Third and Parnassus, San Francisco, CA, 21 issues per year — biweekly, except monthly June, July, August and December. Second-class postage paid at San Francisco, CA. Postmaster send address changes to UCSF *Newsbreak*, News & Public Information Services, University of California, San Francisco, 513 Parnassus, Room S 20, San Francisco 94143-0462.

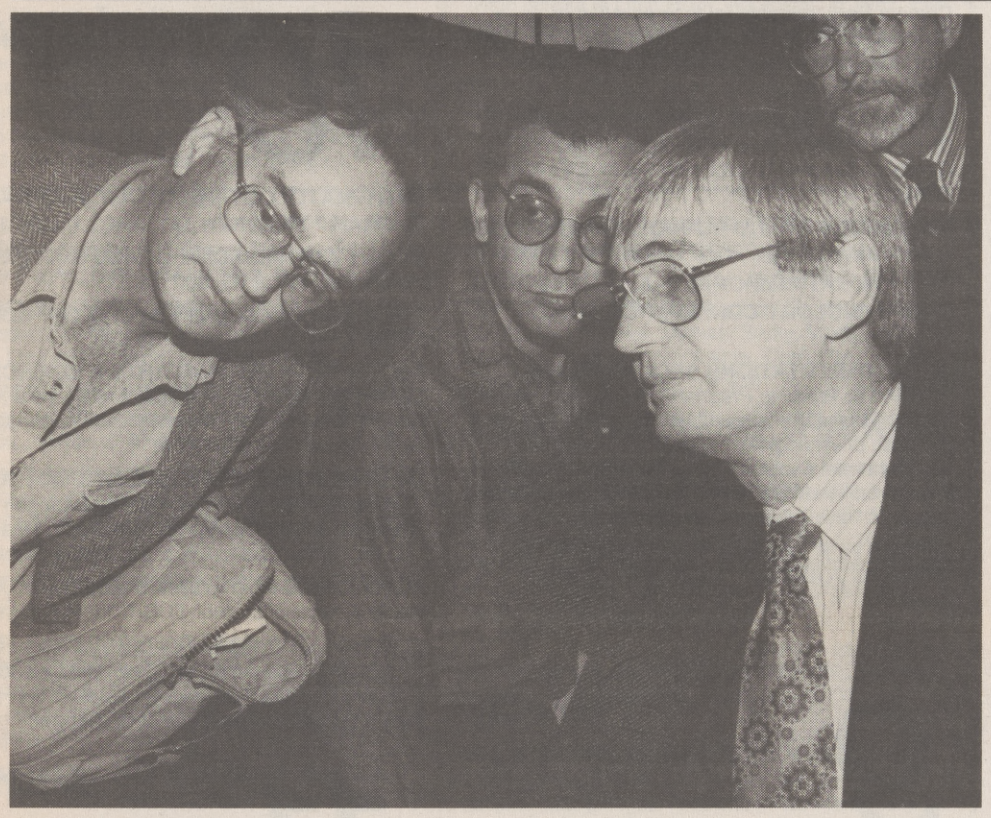
Deadline for the next issue, which will cover January 18-31, will be on **Tuesday, January 7, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

Editor: Allen J. Balderson
Medsounds: Dawn Finch
Calendar, Gazette editor: Michele Firpo
Desk Topper: Trudy Fisher
Assistant Editor: Daniel Rowe
Photography: Allen J. Balderson, Dawn Finch

Jeff Miller, principal publications coordinator
Carol Fox, news director
Michela Reichman, editorial advisor

SAC Helps Raise $45,000 for KQED

What's blue and gold, wears up to 50 matching visors and can help raise thousands of dollars in a few hours? Hint: they have telephones next to their ears. Answer: members of the Chancellor's Staff Advisory Committee (SAC) as they participated in last month's KQED Pledge Drive. According to University Advancement & Planning's Ethel Adams, SAC chair of staff education, the group raised $45,400 from 440 pledges. She states, "The SAC would like to thank the individuals that volunteered to man the telephones during KQED's Pledge Drive on December 4. KQED has informed us that as of December 4, we were the highest number of volunteers from one organization. KQED included this statement in their thank you note, 'The money we raised will be put to use to provide our Bay Area viewers with quality television programming.'"



In Touch with the Latest Informatics

The Library & Center for Knowledge Management began a new seminar series on "Science & Informatics" on November 19. According to University Librarian Richard Lucier, the series brings to campus researchers with a primary interest in science, who will share with us the latest informatic developments in their fields. Above, Peter Pearson (right), scientific director of the Genome Data Base at Johns Hopkins, sat down at the computer and provided a closer examination of his work, following his lecture "Informatics & the Human Genome Program." Lucier, who also is assistant vice chancellor, Academic Information Management, says the next lecture is scheduled for the spring of '92 and will focus on informatics in the neurosciences.

Three Cheng Scholars Return to China

The 1989 class of the UCSF Cheng Scholars Program has just ended, and of the 12 Chinese scholars who have been on this campus for the last two years, three have returned to their home institutions in China — Hu Li-sheng, Liu Wei-Hong and Yu Yongli.

Both Wei-Hong, who worked and studied in the lab of geneticist Keith Yamamoto, and Yongli, who was in the lab of allergy expert Edward Goetzl and researcher Christoph W. Turck, returned to the Norman Bethune University of Medical Sciences in Chanchun. Li-sheng, who had worked in the lab of colon cancer expert Young S. Kim, rejoined the Division of Molecular Biology at the Peking Union Medical College. The lab, which is under the direction of another former Cheng Scholar, Liu Depei, has been named the national unit in molecular biology by the Chinese government. Of the remaining nine '89 scholars, seven have decided to spend a third year of fellowship at UCSF before returning to China.

Created in 1986 with the goal of promoting medical research and education and improving patient care in China, the Cheng Scholars Program is sponsored by Dr. Cheng Yu Tung of Hong Kong. It is under the Chinese Ministry of Public Health and is directed by Rudi Schmid, associate dean for International Relations of the School of Medicine. It is coordinated by Wing Kam King, assistant professor, medicine. Virginia Visconti serves as assistant manager.

Candidates for the program are carefully selected from nominations by China's most prestigious medical universities. Up to 12 scholars are accepted each year for two to three years of research fellowship. A new class of nine scholars will arrive this week for the 1992 year: They are: He Xiaodong, Huang Xiao-Zhu, Li Jia, Qiao Hui, Zhang Dongmei, Zhang Linhua, Zhang Su-Chun, Zhao Qixun and Zhu Li.

MRS — An End to Biopsies?

Heart transplant patients now are subjected to a series of uncomfortable biopsies to determine if their body is rejecting the transplant. Up to five tiny pieces of heart tissue are taken at a time by placing a catheter in a neck vein and guiding it into the heart. The presence of a type of white blood cell in the tissue indicates the patient is rejecting the heart. In the not too distant future, there might be an alternative to these biopsies.

While more studies need to be conducted, according to UCSF cardiologist Christopher Wolfe, Magnetic Resonance Spectroscopy (MRS) may provide a way to detect rejection by observing images and chemical composition in the body without removing any tissue and without using radiation.

Frank Goyan . . . He Opened His Heart, Home and Pocketbook

In late November, members of the School of Pharmacy got together to remember a long-time friend and colleague — Frank Goyan — and to dedicate a reading room in his memory.

An emeritus professor of chemistry before he died in 1981, Frank was Dean Goyan's father's cousin. He was with the School for some 44 years as an astute researcher and dedicated teacher.

Affectionate stories galore were swapped at the dedication, most highlighting his uncommon generosity and extraordinary interest in both the education and welfare of his students.

Hundreds of pharmacy and graduate students remember "Uncle Frank" for his special consideration to those with academic or financial problems, and his late-night pizza lab parties, for which he always insisted on picking up the tab. As acting dean of students for the entire campus, he regularly would give his secretary signed blank personal checks to take care of students in need of emergency loans.

According to one former student: "Frank was generous, nearly gullible. He and I were walking down Haight Street one day and a man came up to him and asked him for money. Frank asked him how much he needed. The man said $47. Frank took out his roll of bills and handed him $47. Another former student adds: "He would leave his apartment key under his doormat. You would often find people sleeping in his hallway."

A colleague remembered: "Because the dry cleaners wasn't open early in the morning, Frank regularly would leave his suits hanging on the doorknob. One day he went back and found that the suit never made it inside. A week later he was walking down the street and saw a man wearing his suit. Frank went up to him and complimented him on how good he looked in it."

Associate Dean Robert Day remembered when he was a second-year pharmacy student and Frank Goyan would be lecturing from his notes and in the middle of a sentence would drift off. "He would sleep for about three minutes, then wake up and say, 'Oh, I seem to have lost my place.'" Another colleague added, "He also would snooze during meetings. Yet, somehow he was still able to sum up the entire meeting better than anyone else."

The Frank Goyan Reading Room is located in Room HSE 1187, a fitting location: it was the celebration room when pharmacy oral exams were over.

At the dedication, Richard and Paula Johnson (left and center) go down memory lane with Robert Gibson, as they gaze at photos of "Uncle Frank." Richard, who graduated in 1961 from the School of Pharmacy, and Paula, who graduated as a dental hygienist from our School of Dentistry in 1965, supplied the funds for the new reading room.

Teaching Award Nominations Due

Students and faculty are invited to submit nominations for the Academic Senate "Distinction in Teaching" Awards. Nominees will be judged on material taught and its relevance to students, versatility in teaching, organization of materials and the use of teaching aids, degree to which students are stimulated, and outstanding mentorship of underrepresented students and junior faculty.

A list of all eligible candidates has been sent to the ASUCSF, GSA, each of the student affairs offices, and departmental chairs. All nomination letters must be sent to the nominee's department chair, and must be received no later than Monday, February 17.

Awards will be presented at the Academic Senate division meeting on Thursday, June 2. For further information call Brenda Choy, 476-4245.

Today/Tomorrow

4 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

LOW VISION FORUM: William Good, Oph., will talk about understanding vision loss, updating the group on the most recent findings on causes of blindness. Only one meeting in January, but forums usually held on first & third Saturdays of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

6 Monday

BREAST CANCER SCREENING SCHEDULE

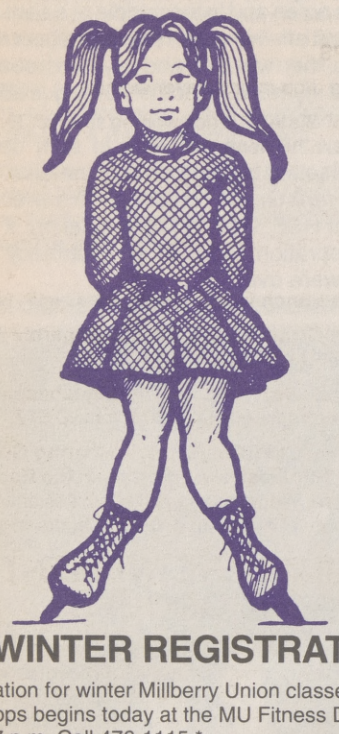
Women can have low-cost mammograms—X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their physician's full name, address (including room number & zip) & phone number to assure results are mailed promptly. The procedure takes approximately 20 minutes & costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments fill up by the time this calendar is published, only dates when the van will be at UCSF locations are listed below:

- Jan. 6-9: UCSF/Laurel Heights. 3333 California St. in parking lot on left.
- Jan. 10: UCSF. On Parnassus in front of the Library.
- Feb. 7: UCSF. On Parnassus in front of the Library.

A mammogram also is available at the Mount Zion radiology department for $50. Call 885-7710.



MU WINTER REGISTRATION

Registration for winter Millberry Union classes & workshops begins today at the MU Fitness Desk. 7 a.m.-7 p.m. Call 476-1115.*

- Mon., Jan. 6: Students & MU members.
- Tues., Jan. 7: UCSF employees & general public.

OTOLARYNGOLOGY GRAND ROUNDS. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

VAMC NEUROPATHOLOGY ROUNDS. 2A56, VAMC. 10:10-11 a.m.

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

BRAIN TUMOR RESEARCH CENTER SEMINAR: *Cloning of a Candidate Gene for Ataxia-Telangiectasia.* John Murnane, Lab. Radiobio. & Env. Hlth. S 214. Noon-1 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR: *Expression Cloning & Characterization of the Type II & Type III TGF-Beta Receptors.* Herbert Y. Lin, MIT/Whitehead Inst. S 1364. 4-5 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Sex, Lies & Videotapes: The Molecular Pathogenesis of Sexually Transmitted Diseases.* J. McLeod Griffiss, Lab. Med. & Med., VAMC. L 535. 4-4:50 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5:30-6:30 p.m.

7 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Kevin Ciresi, Plast. Surg. Davies Med. Cntr. 7 a.m.

CLINICAL HEMATOLOGY CONFERENCE. M 1296. 7:30-8:30 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

COMBINED ORTHODONTIC/ORTHOGNATHIC CONFERENCE. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Review of American Association of Blood Banks Meeting.* Mike Busch, Lab. Med. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Hemoglobinopathies.* William Mentzer, Ped. Hem/Onc., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *The New Progetines: Do We Need Them?* Philip D. Darney, Ob/Gyn, SFGH. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

NEUROBIOLOGY INFORMAL SEMINAR: *Neurite Outgrowth from Non-Projection Neurons in the Rat Retina.* Iver Kljavin, Physio., U Wash. S 758. Noon-1 p.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR. HSW 301. 4 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Excitement in Prion Research.* Stanley Prusiner, Neuro. & Biochem. S 664. 5-6 p.m.

WOMEN'S MEDICAL STUDENT ASSOCIATION EVENT: Faculty/Student Dinner. Fac/Alum. House. 6 p.m. Call Jackie Reyner at 759-5316 for reservations & information.

CHORUS AUDITIONS

Those interested in singing in the Spring Concert may come to the Chorus rehearsal under the direction of Adrian Horn. The work to be performed this spring is Beethoven's *Missa Solemnis.* Cole Hall. 7-9 p.m.*

UCSF ORCHESTRA REHEARSAL

First meeting of UCSF Orchestra for March 12 concert. An open reading of major orchestral works. Regular rehearsals begin Tues., Jan. 14. St. John of God Hall, Irving St. & 5th Ave. 7:30-10 p.m. Call Jonathan Davis at 681-2468.*

8 Wednesday

SURGERY GRAND ROUNDS. Toland Hall. 7-8 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

DERMATOLOGY GRAND ROUNDS: *Chemical Peels.* Seth Matarasso, Derm. HSW 301. 8 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Risk Management at UCSF & SFGH.* Bonnie Lasky, UCSF Risk Mngt.; Tracey Doughty, Risk Mngt., SFGH. *Managed Care & Worker's Compensation Key Criteria in Building & Evaluating Workers Comp.* John W. Roberts, Worker's Comp., Off. of Pres.; Jay Ayala, Applied Risk Mngt. 5th fl. Conf. Rm., Bldg. 30, SFGH. 8-9 a.m.

THE NEXT DEADLINE

Tues., Jan. 7 is the deadline for items to be listed in the next calendar, which covers **Jan. 18-31, 1992 (two weeks).** They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

ENDOCRINE GRAND ROUNDS: *Role of Oxidized LDL in Atherosclerosis.* Joseph Witztum, Med., UCSD. M 1486. 8:30 a.m.

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

BROWN BAG LECTURE SERIES: *Lasers in Dentistry: Facts Not Fiction.* Joel M. White, Rest. Dent. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Rm. 300C, MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

PSYCHIATRY GRAND ROUNDS: *Mental Health Care in the San Francisco County Jail.* Richard S. Myers, Psychr.; Christine M. West, SF County Jail; Derek Lott, SF Jail Psych. Serv. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Overlapping Domain Requirements for Incorporation of Fibronectin into the Extracellular Matrix & the Blood Clot.* Jean Schwarzbauer, Mol. Bio., Princeton. HSW 300. 4 p.m.

HISTORY OF HEALTH SCIENCES COURSE: *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

PATHOLOGY GRAND ROUNDS: *Selected Topics in Dermatopathology.* Philip LeBoit, Path. & Derm. HSW 508. 5-6:30 p.m.

UROPHYSIOLOGY CONFERENCE. M 464. 6:30-7:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Working Pregnant: Pregnancy, Stress & the Workplace.* Panel of experts explores the physical, physiological, psychological, social & environmental aspects of working pregnant. Co-sponsored by UCSF Health Net. $5 per individual/couple. A 326. 7-9 p.m. Call 476-6667.*

CENTER FOR PREHOSPITAL RESEARCH & TRAINING JOURNAL CLUB: *EMS Quality Assurance in the '90s.* Terry Fotre, Emerg., St. Luke's Hosp. Refreshments served. LS 404. 7-9 p.m. Call 476-8502.*

9 Thursday

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Strategies for Stroke Prevention 1992: Role of Surgery & Antiplatelet Therapy.* Jerry Goldstone, Surg. & Vasc. Surg. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Molecular Biology of Infectious Disease: How Does It Alter Our Clinical Care?* Donald Ganem, Med. & Microbio. Case presentations: *Glaucoma.* 8:30-10 a.m.

PEDIATRIC GRAND ROUNDS: *The Neurodevelopmental Effects of* in utero *Drug Exposure.* Donna Ferriero, Ped., SFGH. S 664. 8:30-9:30 a.m.

VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 9-11 a.m. Call 476-1196 for information.*

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hyperlipidemia.* Robert Baron, Clin. Med., Med. & Prim. Care. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

PROCTOR FOUNDATION SEMINAR: *The FGF Receptor is not Required for HSV1 Infection.* Dan Mirda, CVRI. S 318. 4 p.m.

NEUROBIOLOGY SEMINAR. HSW 300. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY CLINICAL CASE ROUNDS. HSW 303. 4 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 4 p.m.

*Open to the public.

REGENT'S LECTURE

Informing Physician's & the Public about Therapeutic Advances. Robert Steinbrook, LA Times. Toland Hall. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *MRI of Functional Pelvic Disorders.* Zoran Barbaric, Rad. Sci., UCLA Med. Ctnr. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *The Doctor.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

ASSOCIATION OF CLINICAL FACULTY ADMINISTRATIVE COUNCIL MEETING. Carnelian Rm., BankAmerica Bldg., 555 California. 6:30 p.m.

COMMUNITY HEALTH TALK: *New Vistas in Vision Care.* David G. Hwang, Oph. Sponsored by Public Serv. Outreach Prog. Free parking. Chancellor's Rm., UCSF-Laurel Heights. 7-8:30 p.m. Call 476-8429.*

10 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 10:10-11:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Being with Yourself: Why, When & How?* Carole Morton, communications therapist. N 721. Noon. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Variant Antigen of Plasmodium Falciparum.* James Leech, Med. & Inf. Dis. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

COLE HALL CINEMA: *The Doctor.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.)*

11 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

UROLOGY GRAND ROUNDS: *Research Update on Erection Physiology & Peyronie's Disease.* Tom F. Lue, Uro. *Estimated Blood Loss & Blood Transfusions Following Percutaneous Nephrostolithotomy.* Mark St. Lezin, Uro. HSW 300. 8:30-11 a.m.

13 Monday

OTOLARYNGOLOGY GRAND ROUNDS. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

MEDICINE DEAN'S SEMINAR

The Role of Abnormal Maternal-Fetal Interactions in the Pregnancy Disorder Preeclampsia. James M. Roberts, Ob/Gyn; Susan J. Fisher, Oral Bio., Stom; Robert N. Taylor, Ob/Gyn. HSW 300. 3:30-5 p.m.

TOXICOLOGY SEMINAR: *Use of K/XRF Assessment of Environmental Lead Dosimetry.* Charles E. Becker, Occ. Med., SFGH. S 214. 4 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

URO-ONCOLOGY CONFERENCE. M 464. 5:30-6:30 p.m.

14 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Blepharoplasty.* Philip Trabulsy, Plast. & Reconst. Surg. Toland Hall. 7 a.m.

CLINICAL HEMATOLOGY CONFERENCE. M 1296. 7:30-8:30 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

January 4-17, 1992

MARTIN LUTHER KING, JR., CELEBRATION: "LIFE, LEGACY, VISION"

- Mon., Jan. 13: *Demographics, Politics & Power.* Panel discussion with Katie Quan, Intl. Ladies Garment Workers Union & Asian Pacific American Labor Alliance; Tony Serra, attorney, Serra Perelson Licheter Darr & Bustamante; Troy Duster, Sociology, UCB; Rodel Rodis, general counsel, Philippine American Political Assn; Richard Trudell, human rights advocate, American Indian Resource Inst. Moderated by UCSF's Lora-Ellen McKinney. Cole Hall. Noon to 1 p.m.
- Tues., Jan. 14: *The Role of Women in the Black Panther Party.* Ericka Huggins, a Black Panther Party member from 1967 to 1981, talks about her experiences & how women were the backbone of the Black Panther Party. Toland Hall. Noon-1 p.m.
- Wed., Jan. 15: MLK Third Annual Cultural Festival. Celebrate UCSF's diversity with food, arts & crafts, displays and entertainment. Featuring the Khadra International Folk Ballet, the Inter-tribal Native American Dancers, and much more. MU Gym. 11:30 a.m.-1:30 p.m.
- Wed., Jan. 15: *Life, Legacy & Vision.* Rev. Cecil Williams, Glide Memorial Church. HSW 300. Noon-1 p.m.
- Thurs., Jan. 16: MLK Awards Ceremony. One UCSF faculty member, one staff member and one student to be honored with MLK Awards. Opera singer Marie Davis will perform. Toland Hall. Noon-1 p.m.
- Fri., Jan. 17: Melba Pattillo Beals recounts her experiences as a member of the Little Rock Nine, a group of children who integrated an all-white high school in Little Rock, Arkansas, in 1957. Film clips from *Eyes on the Prize* will be shown. Rm. 125, MCB. Noon-1 p.m.
- Fri., Jan. 17: Tony Serra, attorney, Serra Perelson Licheter Darr & Bustamante, speaks on his most interesting civil rights cases. Herbst Hall, MZ. Noon-1 p.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Principles of Thermal Surgery, Part II.* M. Anthony Pogrel, Oral. & Max. Surg. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Elimination of Microbial Contamination in Donor Blood.* Bhupat Rawal, Trans. Res. Prog. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Kawasaki Disease.* Alex Blackwood, Ped. Inf. Dis., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Studies of Uterine Blood Flow in Complicated Pregnancies.* Nils-Olav Lunell, Ob/Gyn., Karolinska Inst., Sweden. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. [illegible]E 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR. HSW 301. 4 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *HIV in the Homeless.* Andrew R. Moss, Epid. & Med., SFGH. MU 427-W. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

LUPUS SUPPORT GROUP: Meets second Tues. of the month. C 27, MZ. 7-9 p.m. Call 885-1720.*

SEXUAL ASSAULT VICTIMS & HEALTH CARE

Working with Survivors of Sexual Assault: Issues for Health Care Providers. Panel discussion with physicians & nurses. Sponsored by Women's Med. Student Assn. & Family Med. Interest Group. Toland Hall. 7-9 p.m.*

15 Wednesday

SURGERY GRAND ROUNDS. Toland Hall. 7-8 a.m.

DERMATOLOGY GRAND ROUNDS: *Hanson's Disease.* Robert Gelber, Epid. & Derm. HSW 301. 8 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS. A 455. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Insulin Receptor Tyrosine Kinase Inhibitors: A Novel Mechanism of Clinical Insulin Resistance.* Ira D. Goldfine, Med. Physio. M 1486. 8:30 a.m.

RELAX WITH YOGA

Yoga for Stress Reduction. A free six-week program meeting on Wednesdays. Taught by Suzanne Stoterau, Landberg Cntr. for Hlth. & Ministry. Landberg Ctnr., 340 Irving St. Noon-1 p.m. Call [illegible]-3515 to make reservations.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUND: *Practical Guide to Nerve Conduction Studies.* Michael Berlly, Med., Santa Clara Valley Med. Cntr. Admin. Conf. Rm., Santa Clara Valley Med. Cntr. 8-9 a.m.

ASSERTIVENESS TRAINING

Assertiveness Training for Women. A six-session workshop facilitated by psychotherapist & communications consultanat Joanne Martin Braun to help women who have trouble asking for what they want, who feel frustrated when trying to communicate and who want to gain self-confidence. Sponsored by UCSF Women's Resource Cntr. C 130. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. MCB, Rm. 300C. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

PSCYHIATRY GRAND ROUNDS: *Cultural Issues & Chronic Mental Illness.* Harriet Lefley, Psychr., U Miami. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Structure of the Nuclear Pore Complex.* Ron Milligan, Mol. Bio., Scripps Clin. HSW 300. 4 p.m.

HISTORY OF HEALTH SCIENCES COURSE: *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Resident Case Presentations.* HSW 508. 5-6:30 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 6:30-7:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Fathers, Pregnancy & Birth.* Video presentation of *Through a Father's Eyes* & discussion about becoming a father facilitated by Bruce Linton, The Father's Forum. A 326. 7-8:30 p.m. Call 476-6667.*

16 Thursday

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Antibiotic Therapy for Staphylococcal Infections.* Chip Chambers, Med. & Inf. Dis. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *What Can Neuro-Ophthalmologists Tell Us about the Anatomical Basis of Amblyopia & How Does It Help Us Clinically?* Jonathan Horton, Oph. Case presentations: *Retina.* 8:30-10 a.m.

PEDIATRIC GRAND ROUNDS: *Respiratory Syncytial Virus: Epidemiology, Clinical Manifestations, Diagnosis & Treatment.* S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hypertension.* Dorothee Perloff, Med., EKG & Hyperten. Clin.; R. Ron Finley, Clin. Pharm. & Pharm. A 455. 10 a.m.-noon.

CLINICAL PATHOLOGY CONFERENCE. S 664. 10-11 a.m.

IBM LOCAL AREA NETWORK ADMINISTRATORS GROUP MEETING: A peer users group for departmental representatives responsible for IBM LANs. 10-11 a.m. S 30. Call Tina Murch at 476-2732 or Susan Williams at 476-4763.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

GERIATRIC GRAND ROUNDS: *Pharmacologic Treatment of Osteoporosis.* Steven T. Harris, Med. & Rad. Herbst Hall, MZ. Noon-1 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 4 p.m.

NEUROBIOLOGY SEMINAR. HSW 300. 4 p.m.

NEURORADIOLOGY CLINICAL CASE ROUNDS. HSW 303. 4 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Imaging of the Pancreas.* Patrick C. Freeny, Rad., U Wash. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Boyz 'N the Hood.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.)*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Plastic Surgery: Craft or Art?* Stephen J. Mathes, Surg. & Plast. & Reconstr. Surg. Fac. Alum. House, 745 Parnassus. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

17 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 10:10-11:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Altered States of Consciousness in Psychotherapy: Metaphors of Human Experience.* Sacha Zinchenko, psychotherapist, private practice, Moscow. N 721. Noon. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Learning About Polyadenylation from Hepatitis B & Retrovirus.* Donald Ganem, Microbio. & Med. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

COLE HALL CINEMA: *Boyz 'N the Hood.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.)*

UPSTARTS EVENT: Wine tasting with expert Keith Weaver, Rad. Onc. $5. For more information and to make reservations, call Pat Jackson at 476-4698.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808.

Infectious Diseases in Clinical Practice. Breckenridge, CO. Jan. 25-Feb. 1.

Fifth International Symposium on Current Topics in Infectious Diseases. Grindelwald, Switzerland. Feb. 1-8.

Office-Based Sports Medicine. Tamarron, CO. Feb. 2-9.

Seventh Annual Primary Care Medicine: Concepts & Controversies. Snowmass, CO. Feb. 15-22.

Fine Needle Aspiration Tutorial. Squaw Valley, CA. Feb. 24-26.

Ophthalmology in Developing Countries: An International Symposium. Chinese Cultural Cntr., SF. Mar. 12-13.

Symposium on Aesthetic Surgery of the Face. Sheraton Palace Hotel. Mar. 26-28.

Advances in Cardiology. At Spring training with the Oakland A's, Scottdale Plaza Resort, AZ. Mar. 28-31.

DENTISTRY

For schedule call 476-1101.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call 476-0400 for information.

WORKSHOPS

In the Muse: A Creative Writing Workshop. Sat., Jan. 18 & 25. $50-$75. UCSF Women's Resource Cntr. 10 a.m.-3 p.m. Pre-registration necessary: call 285-7636.

Life Fitness Development. Wed., Jan. 22, 29 & Feb. 5, 12. Learn how to develop a safe, enjoyable, custom-made exercise plan. $35-$75. N 517. Noon-1 p.m. Pre-registeration necessary. Call 476-5836.

Behold Yourself! Sat., Feb. 1. Use the mask-making process as a vehicle for self-knowledge & empowerment. $35-$50, plus $10 materials fee. 9:30 a.m.-4:30 p.m. C 130.

GROUPS

Ongoing drop-in groups for women.

Circle of Sisters. Black women's group. Every Friday. L 535. Noon.

General Women's Support Group. Two groups. Call for information.

Latin Women Coalition. Noon. Call 476-7117 for location & dates.

Lesbian Lunch Group. Mondays. C 417. Noon.

Support Group for Divorced & Separated Women. Call for schedule.

Women Living with Life-Altering Illness. Alternate Wednesdays. 6:30-8 p.m. C 517.

When You Can't Go Home: A Sharing Group for People Who Lost Their Homes in the East Bay Firestorm. Wednesdays. $10 per session. 5:30-7 p.m. C 417. Call 476-5836 to pre-register.

FAMILY BEREAVEMENT SUPPORT GROUPS

If you have lost a child to a serious illness, the Family Bereavement Program at Mount Zion offers support groups for parents, siblings or grandparents that meet weekly for 12 sessions. Call Laura Koehler at 885-7529 for time & date of next session.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive & can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care & social services. Hablamos Español.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV Public Forums. Call 476-6430 for schedule.

Women with HIV In Recovery from Alcohol or Drug Addiction. Call 476-3902.

Lesbian Couples Living with HIV. Call 476-3902.

Women of Color with Asymptomatic HIV Infection. Call Barbara at 476-3902.

Heterosexual Couples Living with HIV. Call 476-3902.

Benefits/Personnel

ABOG Program is Bright Light in Tough Times

One of the few new programs for employee professional development celebrated its first-year anniversary in November. According to the participants, the Academic Business Officers' Group (ABOG) Mentorship Program has been quite a success.

"What was once a potentially good idea, has turned into a great program," says School of Dentistry's Susan O' Hara, chair of the 1991 Mentorship Committee. The program gives participants an opportunity to plot their own professional destiny. The "mentorees" are employees who have shown a desire to excel in their careers and who have already "graduated" from the Management Skills Assessment Program, which is targeted to reach rising professionals.

The participants choose from a larger pool of mentors. The mentors come from a variety of departments in the Medical Center, the four schools, and campus administration These employees regularly meet with their mentors, usually outside of their normal work day, plus they meet together as a group every six weeks to exchange information and ideas.

Because needs differ, each pair decides on its own what activities to include in their mentorship experiences. The mentors basically provide guidance, encouraging the "mentorees'" professional development. This helps them understand how to get things done correctly and effectively within the UCSF culture. The program also supports UCSF's affirmative action goals by enhancing diversity, especially at the management level.

"This is an era of real retrenchment," says Susan. "We have less money, less staff, many administrative burdens, but we do have this one bright light." ABOG's Mentorship Program now serves as a model for other universities across the country.

"This program is important to the campus," says Thena Trygstad, vice chancellor, Staff & Student Human Resources. "It doesn't cost a lot of money, but it can make a huge difference in someone's career."

Participants say that one of the surprises of the program is that there is an equal exchange of ideas between the mentors and those learning from them so that it becomes a productive experience for both parties.

Sarah Sanchez of Geriatric Medicine, one of the 14 "mentorees" during 1991, worked with mentor Dick Culbertson of Medical Group Administration. Dick says, "It was a real privilege to work with Sarah. I learned a lot about the University, things I normally would not have come in contact with."

Paula Schultz of Staff and Student Human Resources was Roz Tuttle's mentor. Roz, who is in the School of Dentistry's Academic Affairs, says, "I learned a great deal about student and staff concerns. It helped me spearhead a project [first student fair on campus]. I now have an energized commitment to UCSF."

For applications and information on how to become part of the Mentorship Program, call the 1992 program chair Martha Hooven of LPPI Administration at 476-7885.

January Grant Deadlines

- If you are in the first 15 years of a tenure-track faculty appointment, this might be for you: 1992 Fellowships for Faculty Scholars in Nutrition. The fellowships are for young nutrition faculty interested in learning new skills to enhance their research and/or teaching capabilities and prepare for leadership roles in the field of nutrition. UCSF has been invited to submit one application. For further information call Martha Karg at 476-2218. Deadline: Friday, January 17.
- Seed funding is available from UC's Toxic Substances Research & Training Program for innovative grants in any area of research relevant to problems of toxic substances in California. Proposals to receive highest consideration will be those dealing with the economics of toxic substances issues, potential public policy implications, source reduction, and coastal and marine toxic substances issues. For further information call (916) 752-2099. Deadline: January 31.

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Maureen Mitchell, administrative analyst, dean's office, School of Medicine.

Linda Sue Moczkowski, clinical nurse IV, surgery.

Francisco J. Molieri, administrative analyst, laboratory medicine.

Siony U. Montero, principal clerk, pathology.

Ronald G. Montgomery, program manager, environmental health & safety.

Cynthia S. Montilla, administrative assistant III supervisor, accounting office.

Louis Carroll Moore, staff research associate II, medicine, SFGH.

Gladys E. Morazan, work management assistant, capital resources management.

Louis S. Morello, staff research assistant I, instruction & research, LPPI.

Elizabeth L. Morgan, administrative assistant II, Proctor Foundation.

Zenaida P. Mosquera, lab assistant II, pathology.

Myriam Munoz, accounting assistant II, neurology.

Edwina M. Newsom, project assistant II, social & behavioral sciences.

Bernice Ng, billing assistant I, medicine/SFGH.

Frank I. Nicholas, clinical/surgery administrator, surgery.

Brandi Nielsen, cashier, Millberry Union programs & recreation.

Cindy M. Nolan, secretary II, urology.

Lourdes Noriega, administrative assistant I, anesthesia.

Gabriela Ochoa, assistant II, medical center administration.

Anita J. O'Connor, senior survey worker, instruction & research, LPPI.

Kelly M. O'Donoghue, principal clerk, medicine/SFGH.

Cathleen A. Oberhoffer, police officer, police department.

Nils E. Ossa, purchaser, professional services/SFGH.

Jazmin G. Pacio, clinical lab tech, clinical labs.

Barbara J. Paschke, program representative III, social & behavioral sciences.

Ann E. Pasek, administrative assistant II, radiology.

Kristin E. Paxton, administrative assistant III supervisor, surgery.

Susan F. Payne, staff research assistant III, medicine/SFGH.

Laurie Ann Peck, assistant II, materiel management.

Judith S. Pelzner, principal administrative analyst, design & construction.

Martha A. Phillips, senior word processing specialist, instruction & research, LPPI.

Luzviminda A. Phinn, hospital patient escort, building management.

Sheila M. Pipkin, appointment assistant, dental clinics.

Shirley R. Powers, supervising clinical social worker, psychiatry.

Nancy J. Quinnine, administrative nurse I supervisor, ACC.

Hiram Quinones, patient account assistant III, medicine.

Cezar C. Ramiro, grants manager, professional services, SFGH.

Robert M. Ray, purchasing specialist supervisor, instruction & research, LPPI.

John G. Reber, senior vocational nurse, inpatient nursing services.

Carlito Reola, assistant custodian supervisor, capital resources management.

Fredie Mae Robinson, accounting assistant II, accounting office.

Tina Marie Romanak, special care nursery assistant II, inpatient pediatric intensive care.

Alexander B. Rossi, staff research associate III, physiology.

Joel Rotenberg, computer assistant II, social & behavioral sciences.

Bridget Roudsari, principal radiologic technician supervisor, radiology.

Charlotte A. Ruffini, administrative assistant III, inpatient pediatric intensive care.

Maureen A. Russo, administrative analyst, physiology.

Salvatore A. Russo, physical plant supervisor, capital resources management.

Abdella Saleh, hospital assistant II, radiology.

Mamerto Q. Salinas Jr., senior food service worker, nutrition & dietetics.

Yolande Y. Salyer, administrative assistant II, planning & budget.

Vickie Lynn Scott, administrative assistant III, radiology.

Carol M. Shea, administrative analyst, Urinary Stone Center.

M. Mercy Silvi-Angelopulos, administrative assistant II, ACC.

Brian E. Singleton, senior vocational nurse, inpatient nursing services.

Tanya B. Sinkevich, administrative assistant II, otolaryngology.

Mark Siobal, respiratory therapist IV, anesthesia.

Dana L. Smith, staff research assistant III, physiology.

Wayne Smyley, MSO IV, biochemistry & biophysics.

John Solomon, principal radiologic technician supervisor, radiology.

Sandra Solomon, hospital assistant III, Moffitt/Long ambulatory surgery.

Beverly J. SooHoo, assistant II, office of research affairs.

Information Sessions on Disability Changes

The Benefits Office has scheduled several sessions to explain the changes in the disability plans effective April 1, 1992. The changes, which include the consolidation of the optional disability programs into one plan, will require paperwork on the part of eligible employees.

If you subscribe to the employee-paid short-term or long-term disability plan or the UC-paid delayed plan, you are eligible to take advantage of the special disability change period, which ends January 31. If you take no action, you automatically will be enrolled in the highest coverage — the most expensive — when the plan goes into effect on April 1.

Check your paycheck stub or Surepay statement if you can't remember whether you are enrolled in any of the optional programs.

Further information is available in the mailing that has gone out to all eligible employees or by attending one of the following meetings (all from noon to 1 p.m.):

- Monday, January 6 — Toland Hall
- Tuesday, January 7 — MCB Room 125
- Wednesday, January 8 — SFGH Carr Auditorium
- Friday, January 10 — MZ Conference room A 18
- Monday, January 13 — Toland Hall
- Wednesday, January 15 — SFGH Carr Auditorium
- Thursday, January 16 — MCB Room 125
- Wednesday, January 22 — Toland Hall
- Thursday, January 23 — MZ Conference Room A 18

How Did You Get Here Today?

During the weeks of January 20, 27 and February 3, campus planners will be conducting a transportation survey of students, patients and visitors at different building entrances around Parnassus, SFGH, Mount Zion and Mission Center. The survey complements a written poll which was mailed to employees late last year.

The Campus Planning Department says that your cooperation would be greatly appreciated, especially if you are a student. If you're an employee or faculty member, you will not be asked to complete this survey.

The survey will help analyze transportation impacts and what improvements can be made in transportation management. If you have any questions about the survey, or if you would like to receive a summary of the results, contact Lori Yamauchi at 476-2911.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of November 30, 1991). The newly reported "annualized yield" reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0065	7.89%	8.07%
Money Mkt	.0049	5.93%	6.01%
ICCF	.0070	8.54%	8.76%

	Unit Value	1-Month Change	12-Month Change
Bond	$47.54	0.5%	17.5%
Equity	$75.43	-3.9%	18.8%
Multi-Asset	$11.73	-0.8%	13.5%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Fun Zone

Your New Year Could Include Some "Awesome Abdominals"

Among the offerings in Millberry Union's winter curriculum are several new fitness classes, including "Awesome Abdominals," "Rhythm & Motion," "Blood, Sweat & Tears," and a combo high-impact/low-impact aerobics class. In addition, there are dozens of other exercise classes, plus classes in relaxation, nutrition & wellness, music, dance, sports and swimming.

Registration for students and MU members begins Monday, January 6; Tuesday, January 7, for employees and the public. If you need a catalog, pick one up at the Fitness Desk. Register at the same place, 7 a.m. to 7 p.m. (7:30 a.m. to 7:30 p.m. after first two days.) For further information, call 476-1115.

More January ideas:

- **Free classes.** During the week of registration — Monday, January 6, through Friday, January 10 — MU is offering free sample classes. Schedules available at MU Fitness Desk.
- **MLK Celebration.** Week-long Martin Luther King, Jr. Commemoration, Monday, January 13, through Friday, January 17. Highlighted by MLK Cultural Celebration, Wednesday, January 15, in the MU Gym, 11:30 to 1:30 p.m. See *Today & Tomorrow* calendar, page 5, for full details.
- **Free yoga classes.** Wednesdays, noon to 1, starting January 15. Landberg Center. Call first, 564-3515.
- **Music in the Library.** Wednesday, January 22, 5:30 p.m. An evening of international music featuring Reprographics' Al Howell and CRI's Janeen Wyatt playing the Tibetan Bells. $4 general; $2 students & seniors. Pre-concert wine and cheese reception at 5 p.m. Sponsored by Arts & Performances.
- **Welcome the Whales.** Saturday, January 11, bicycle trip to greet the grey whales as they pass the Point Reyes lighthouse on their way to their annual Baja winter vacation. Moderately challenging 45-mile ride (really minimal when you consider how far the whales have swum.) Call Outdoors Unlimited, 476-2078.
- **Ski trips.** Downhill and cross-country weekend cabin trips. Instruction provided on cross-country trip. Call Outdoors Unlimited, 476-2078.

Service Awards

Robert C. Alexander, 25 years, animal care facility.

Peter Armour, 10 years, microbiology & immunology.

Jubeda B. Azam, 15 years, library.

George Blanco, 20 years, research & development lab.

Michael W. Bolton, 10 years, environmental services.

Maximino R. Brada, 10 years, receiving, Mount Zion.

Gene L. Brekhus, 10 years, CVRI.

Esther M. Cadiz, 10 years, nursing.

John E. Campbell, 10 years, nursing.

Deborah L. Carlson, 10 years, dermatology.

Jolene Carnagey, 15 years, nursing.

Chun W. Chan, 20 years, environmental services.

Gary Chilton, 15 years, biomedical engineering, SFGH.

Bruce C. Cochran, 10 years, biochemistry & biophysics.

Willa Crowell, 10 years, pharmaceutical chemistry.

John M. Culver, 10 years, Proctor Foundation.

Michael G. Cunningham, 10 years, pharmaceutical services.

Leon B. Dagdagan, 10 years, CVRI.

Heiu N. Dang, 15 years, pharmaceutical services.

Lydia A. Derugin, 15 years, urology.

Manuel L. Early, Jr., 10 years, financial aid office.

Susan L. Eastwood-Berry, 20 years, neurological surgery.

Douglas E. Eckman, 15 years, anesthesia.

Russell L. Elliott, 15 years, medical records.

Marcia Epstein, 15 years, nursing.

Miriam Escamilla-Tsai, 15 years, urology.

Lucita H. Esperas, 15 years, biochemistry.

Cory Fergus, 10 years, pediatrics.

Alicia G. Ferrer, 15 years, library.

Guy Flores, 10 years, mail services.

Rufina Garcia, 15 years, nutrition & dietetics.

Beulah Goode, clinical practice organization.

Nina G. Green, 10 years, epidemiology & biostatistics.

Eileen P. Haines, 10 years, clinical practice organization.

Medsounds Continued

Julie Cantu, Helen Crouch & Isabel Romo Are Top Interpreters This Go-Round

Every six months the Patient Relations staff tallies the total number of interpretations performed by members of the Staff Volunteer Interpreter Program, which this time added up to 623 — 236 more than the previous six months.

They also add up the number of interpretations performed by each individual volunteer. Then they throw a party and give out awards to the people who responded to the most requests. This time, the three people who logged in the top numbers were:

- Financial Counseling's Julie Cantu, who did 30 Spanish interpretations
- Pediatrics' Helen Crouch, who did 21 Cantonese or Mandarin interpretations
- The Library's Isabel Romo, who did 18 Spanish interpretations.

There were nine honorable mentions:

- Environmental Services' Henry Ho, Cantonese/Mandarin — 17 interpretations
- Radiology's Nikita Derugin, Russian — 15
- Urology's Lydia Derugin, Russian — 14
- Epidemiolgy & Biostatistics' Mark Higuera, Russian — 13
- Cardiology's Richard Aleguas, Spanish — 13
- Parking Operations' Chau Li Huynh, Vietnamese — 11
- Financial Counseling's Mario Sanchez, Spanish — 10
- CRM's Henry Drerup, Mandarin — 10.

Tracking Unrequested Interpretations

There are now "Interpretation Tracking Sheets" for logging in interpretations not requested by Patient Relations. If you do interpretations on your own or by request from someone from within your department, Patient Relations would like to know about it. Not only will this provide a better overall picture of interpretation usage in the Medical Center, but you will be counted among the volunteer interpreters. Call 476-9436 for more information.

Interpreter program's Gloria Alonzo, in supplication before a group of interpreters. (This is what she sometimes has to do in order to arrange interpreter sessions.)

Susan Karp Receives Hemophilia Award

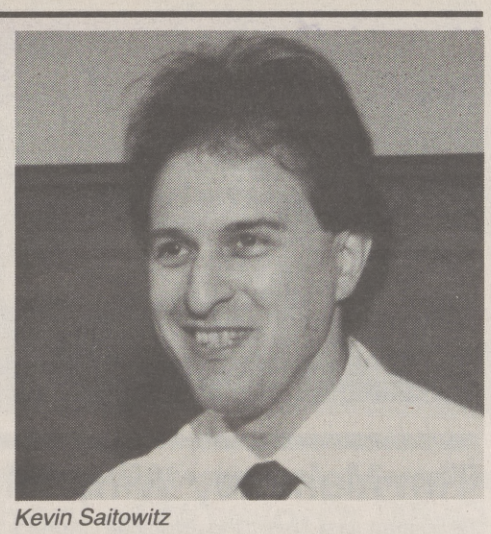
Susan Karp, nurse manager of the Hemophilia Clinic in the ACC and a clinical nurse specialist in pediatric hematology, has received the Outstanding Nursing Award from the National Hemophilia Foundation.

Susan is one of three nurses from across the nation to receive the award, issued this year for the first time. The other recipients were from Children's Hospital of Philadelphia and Dartmouth-Hitchcock Medical Center.

Susan, who has served in her capacity with UCSF's Hemophilia Program since 1978, is very active in the NHF. She chaired the organization's Nursing Executive Committee from 1987 to 1990.

Under her leadership, a number of important national projects were developed, including a School Program Presentation Guide to aid nurse coordinators in providing information about hemophilia to schools. The group also set standards for hemophilia camps, drew up a Home Delivery Survey and set up a fellowship to fund nursing research in hemophilia.

Judith Sweet



Kevin Saitowitz

NP and MD of the Year: Judith Sweet and Kevin Saitowitz

The Mount Zion-UCSF Home Care Staff expanded their "Physician of the Year" award to include another category this year: "Nurse Practitioner of the Year." The reason for this is that not only do they find themselves very frequently in contact with nurse practitioners, but they find the NPs to be decidedly accommodating.

In both categories the competition turned out to be very tight, but MZ internist Kevin Saitowitz and GM II nurse practitioner Judith Sweet emerged as the favorites.

Mind, the candidates and winners are not home health care workers themselves. Rather, they are individuals with whom home health workers work. They were chosen for qualities such as making themselves available to home care staff, returning phone calls, communicating clearly, taking part in planning patients' home care, making appropriate referrals and making themselves accessible to patients.

The presentation of these two awards was the featured activity at the department's December get-together, although several other interesting titles were bestowed. For instance, nurse Brian Budd was recognized for making the most unusual home care equipment request — it was for a life preserver. For one of his visits, the patient's home turned out to be a houseboat at Oyster Point.

Suzan Cengiz, on the other hand, got the Lewis & Clark Award for following the most unusual trail to reach one of her clients. The directions called for her to go through a bowling alley, down a path, across a courtyard and up the stairs. That was the only way to get to the residence. (It was here in San Francisco.)

The members of the home health staff now number about 70, according to director Connie Little. The program continues to issue reports of abundant growth — from 10,000 home visits five years ago to almost 36,000 this year. It's logical growth: As hospital stays grow shorter, the need for all aspects of home care increases. The most recent addition to the roster of services is a Perinatal/Maternal/Pediatric program. Since April, staff members have made more than 200 postpartum home visits.

Recently, MZ-UCSF Home Care representatives Connie Little, Joanne Handy and Shirley Dauchan made a presentation during the National Home Care Conference in Boston, describing a "coordinated intake model" implemented for UCSF nursing staff during 1990. Basically, the concept is "one call does it all." Nurses can call Home Care's intake unit for home care, equipment, infusion therapy and extended-hour nursing, and the intake staff will make all the arrangements for one or all of the services needed. Connie says they are constantly working on ways to make the hookup with home care easier for busy UCSF nurses since they make 48% of the referrals.

Money Available for Patient Amenities

The Auxiliary has sent out its annual call for Special Project proposals, due in the Auxiliary Office by Friday, January 31.

As a means of coming up with a project the organization will consider funding, the Auxiliary suggests completing one or both of the following sentences: "Our patients could really use...."; or "The families would certainly appreciate...."

Further criteria include that the project must:

- have a direct impact on the quality of patient care;
- be identifiable as a specific project (not part of a larger project);
- not go toward funding salaries, capital equipment or structural construction costs;
- not be a research project; or
- not exceed $25,000.

Last year the Auxiliary received so many worthy proposals that 13 were accepted, including the refurbishment of Physical Therapy and the 10 Long solarium, toys and diversions for the Pediatrics Clinic, pagers for PICU parents, a TV for the MRI waiting room, radiocassettes for ICU patients, art for the gamma knife suite and the Peds Specialties Clinic— just to give you an idea of the kinds of projects funded.

In addition, the Auxiliary's proceeds from two major fundraisers, the Krevans Roast and the Macy's Passport Show, will go toward two ACC clinics, the forthcoming Pediatric Day Treatment Center and the AIDS Clinic.

If you have something in mind for your department or want to discuss the feasibility of your idea, call 476-4906 for a proposal form or further information.

Very Clever

This year's first place winners in the department decorating contest were 8 Moffitt for the nursing units, Nursing Administration for the ancillary units and the Pediatrics Clinic in the ACC. (MCB chose to sit this one out.)

In Nursing Administration, Sandy Lehane drew scenes to illustrate Christmas carols, which decorated all the doors. On 8 Moffitt, Karen Keating orchestrated the hanging reindeers and corresponding signs, among other embellishments; and the Pediatrics Clinic decorated their halls with bows and boughs, etc.

May we also mention that the switchboard operators got first runner-up for the second year in a row for doing an admirable job on their challenging space.

8 Moffitt's Karen Keating. (It rained the day this photo was taken, by the way.)

TB *(from page 8)*

filters to prevent transmission.

UCSF's clinic is one of the first to take this important step, says Marilyn, based on the fact that many TB exposures have occurred around the country in the Pentamidine setting.

There are two booths in the clinic and another one in the General Clinical Research Center. The two in the clinics are pre-fab models ready for immediate use, and the one in the GCRC was made by UCSF and is now being tested. This test model is portable and not completely enclosed. The hope is that the more open unit, which is more convenient to use and certainly more comfortable for patients, will be just as effective.

The Department of Public Health's recommendation for health care providers exposed to TB risk populations is to have annual screenings, a standard practice at the Medical Center at UCSF. (In some cases, tests are recommended twice a year.) Staff not employed by the Medical Center need to be tested by their private physicians or at a public health clinic.

There have been media reports of TB cases, particularly in the HIV-infected population, that have eluded the tests, as well as strains of TB that have proved resistant to treatment.

Neither of these issues has become apparent at UCSF, says Marilyn. The test and treatment recommendations are still considered effective. In fact, TB is considered very curable. Left undetected and/or untreated, TB can damage lung tissue to the point of being fatal. But under treatment, a regimen of antibiotics can clear it up completely, even for HIV-infected TB patients.

It is also true that TB is only moderately contagious. In a report on TB in the June, 1991 issue of the *UCSF Magazine*, SFGH Tuberculosis Clinic director Gisela Schecter noted that a healthy person in casual contact with TB will rarely contract the disease. "Sitting on the bus for an hour with someone who has TB is not likely to result in transmission," she said.

The Infection Control Department is trying to reach all staff who might come into contact with the risk groups. The target groups for education include the intake staff; i.e, admitting and registration personnel. If you feel the members of your department could benefit from the instruction, call Infection Control, 476-5793.

Volume 7, Number 1 January 4-17, 1992

UCSF Medsounds

Gloria Alonzo, in a position in which she frequently finds herself. (See page 7.)

Fighting TB Risk: "Coughing" Booths, Stepped-Up Teaching

With the threat of tuberculosis back— particularly in San Francisco, where TB has been making a comeback earlier and stronger than in the rest of the country — The Medical Center's Infection Control Department has made TB awareness its number one education priority.

"At UCSF, we've been lucky," says infection control nurse Marilyn Jordan, whose department has given at least 50 TB awareness classes to various employee groups over the past six months. "We haven't had a large problem," she says. "But the potential for problems is here."

According to Marilyn, there have been two cases uncovered this year in which the patient, not known to be infected at the time, was in and out of the Medical Center for other reasons.

In San Francisco at large the rate of new TB cases is five times the national average. The high rate is linked to various immigrant populations from countries where the disease is endemic; and to the HIV-infected population. The latter group is a particular target for TB, which naturally flourishes when the immune system is suppressed.

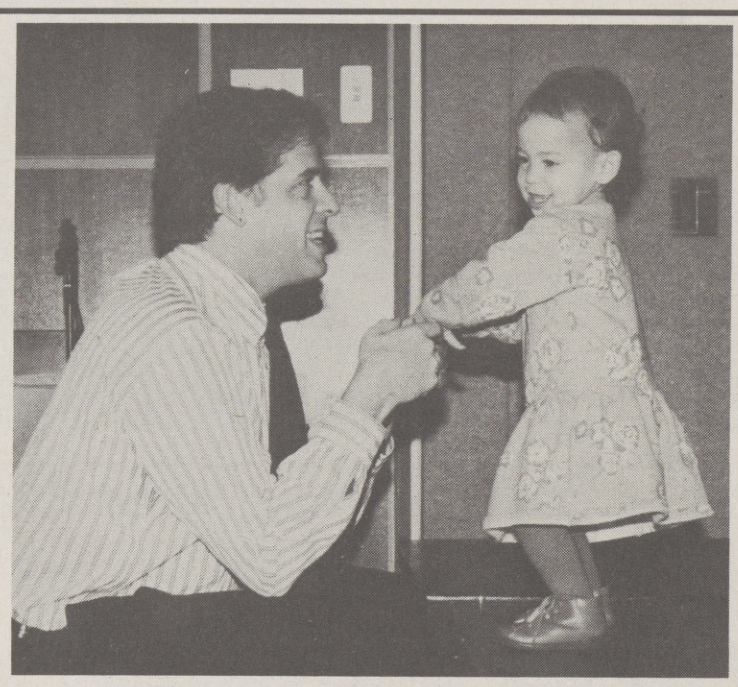
Other groups vulnerable to the spread of TB are the poor, the homeless, IV drug users, or anyone with limited access to health care. According to Marilyn, anyone with compromised health is vulnerable. Thus, we can consider our entire patient population as being at risk for the disease.

She says she finds that most clinicians here are quite knowledgeable about the symptoms. TB is an airborne disease. The germs don't spread unless they are put out into the air — and generally the way they are put out into the air is through coughing. The thing to look for is unusual coughing — loose, raspy, strong coughing. One cough can put a million organisms into the air, she says. But coughing into a facial tissue can be extremely effective in containing the organisms.

"The key factor in TB control is early identification of infection and prompt treatment," says Marilyn. The best response to the coughing patient is common sense, she says. Hand the person a box of tissues. In certain cases, especially where communication is impaired, masks may be necessary.

A new and positive step toward risk reduction to patients and staff is the installation of treatment booths in the ACC's Pentamidine Clinic. Pentamidine is an inhaled drug used in the treatment of immunocompromised patients. The treatment induces coughing, which sets up a potentially infectious environment. The booths are enclosed and have special

(continued on page 7)



Father/Daughter

At a Holiday gathering for pediatric transplant recipients, the partygoers also included a number of staff members' offspring, including little Becky (above), the daughter of surgeon John Roberts (pictured) and transplant chief Nancy Ascher. The featured entertainer, a pop singer who sang only dinosaur songs, managed to get many of the tots, including Becky, up on the stage to dance.

Mother/Daughter

You'd be a little dubious, too, if your mother suddenly turned into a dinosaur. Such was the case for Gracie, when her mother Amy Peele temporarily took on this new look. When the real dinosaur called to say he would be late for the transplant party, Amy, who coordinates transplant outreach, volunteered to pinch hit. Below is a more exuberant Gracie, along with little brother Bennett, after her mother emerged from the costume.

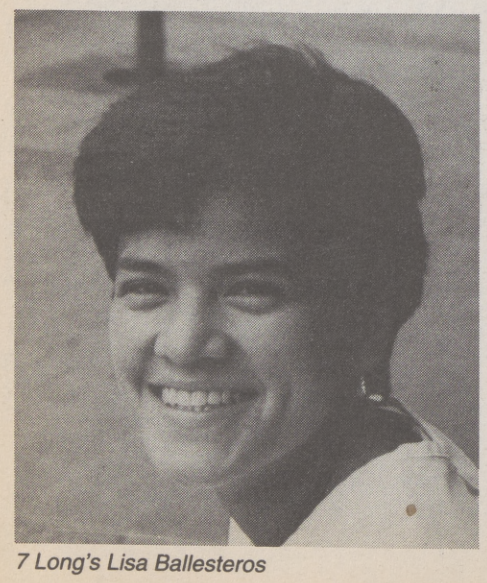
David Powers

The Finest Christmas Gift

Head nurse Jennifer Dickman called to say that Lisa Ballesteros, a clinical nurse who came to work on 7 Long just seven month ago, used her CPR skills to help a man in a local restaurant and probably saved his life. She thought the story deserved to be retold not only in recognition of Lisa, but as a reminder of the value of CPR training.

As Lisa tells the story, shortly before Christmas she and her mother were having dinner at Joe's of Westlake when a plea for a physician came over the PA system. One of the dinner patrons had collapsed. When no one responded, there was a request for any medically trained person.

Lisa said she immediately went over to the table to see if there was anything she could do. The man, approximately in his seventies, was slumped over and not responding to his wife's attempts to waken him. Lisa checked his pulse and found he didn't have one. She listened for breathing and found no sign. Their dinner hadn't arrived and there was no food on the table, so she knew he hadn't choked. So it looked like she'd better administer CPR.



7 Long's Lisa Ballesteros

"The problem was that he was slumped in the booth, and I couldn't do CPR in that position, so I had to get him on the floor," she said. She asked for help, but the bystanders apparently were too dumbfounded to make a move.

At that point, Lisa — all five feet of her — moved the large man onto the floor herself and commenced CPR. She did four sequences of two breaths and 15 compressions each, and after the fourth — almost to her amazement — he suddenly sucked in some air.

She listened for breathing and thought she detected something very faint. By the time the paramedics arrived, he was breathing and conscious.

That night, Lisa got a call from the man's doctor, who told her his patient had a heart condition and apparently had collapsed from cardiac arrest. If she hadn't done what she did, he said, the patient probably wouldn't have made it.

Lisa says this was the first time she was faced with using her CPR skills in an emergency. She says she didn't hesitate in the least when the time came. The fact was, she didn't even think about it. She just did it. If anything, she thought she would just keep administering CPR until help arrived. "That's why I was a little startled when he took the first breath."

Lisa hasn't talked to her CPR recipient since that evening at the restaurant. However, not long after the incident a dozen roses arrived for her, with a note saying, "Thank you for saving my life."

Tim Mahaney Wins Infection Control Award

Beginning last year, the Medical Center's Infection Control Committee decided it would annually recognize a person for outstanding contributions in the area of infection control.

The first award was presented to CRM's Rob Purcell, who led a major maintenance project to guard against the spread of aspergillus and legionella in the Medical Center.

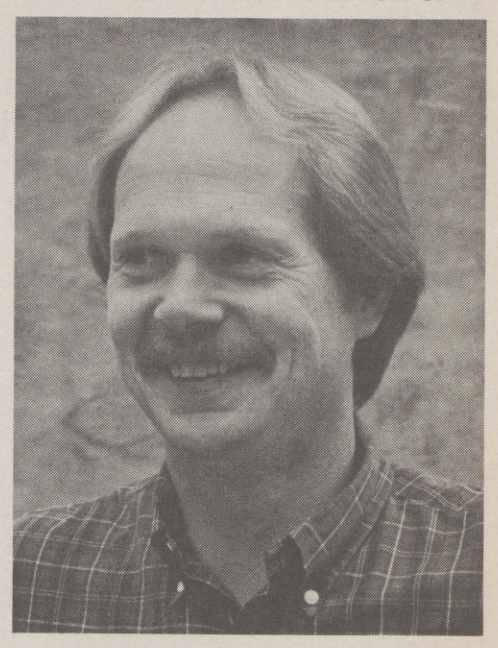
The members of the committee, which consists of about 20 physicians, nurses, EH&S representatives and others, were clever in the way they presented the honor. They invited Rob to make a presentation on his clean-up program before the entire committee — and surprised him with the award at the end.

This year, Tim Mahaney got an invitation from the committee to make a presentation at its December meeting, a major clue to what was to follow: Tim became the second recipient of the Infection Control Award.

Tim, director of project management in Design & Construction, has pioneered a program that allows construction in clinical areas to take place without harm or ill effect to patients in adjacent areas.

The program includes a list of guidelines for the contractor, which is presented during the bidding process, detailing requirements for the containment of dust, removal of debris and other infection control measures. The stipulations also require that construction workers meet with members of the Infection Control Committee for a briefing before construction starts.

The program has been phased in over the past year or so — with excellent results, according to the infection control group.



A good example was the recent installation of the gamma knife suite in Radiation Oncology. "The care of patients was uninterrupted in the department," says infection control nurse Shirley Young. Next, she says, the guidelines will be put into effect with the construction of four new bone marrow transplant units on 11 Long — again, with the expectation that patient care will continue as usual throughout the rest of the wing.

(P.S. If you get invited to make a presentation for the Infection Control Committee, you might want to prepare an acceptance speech while you're at it.)